

# VISAGE

## Beauty Treatments

ESPA Luxury Leg Wax	
Full Leg	£32.00
Half Leg	£24.00

An extremely luxurious treatment perfect for everyone, especially those with dry skin. It includes a skin brush and exfoliation prior to waxing, then a refreshing mist of essential oils distillates which will calm and cool. To finish we apply moisturising balm to soothe the skin leaving the legs incredibly smooth and soft.

### Waxing

Full Leg	£26.00
Three quarter Leg	£22.00
Half Leg	£18.00
Bikini*      *(£ 6.00 reduction with any other leg wax)	£12.00
Brazilian*	£16.00
Hollywood*	£20.00
Full Arm	£18.00
Half Arm	£12.00
Under Arm	£10.00
Upper Lip, Chin, Forehead and Cheeks**	£20.00
** any 2 of above	£12.00
** any 1 of above	£ 7.00
Back or Chest	£22.00

*Please avoid any heat treatments (i.e. sun bed, sauna) 24hrs before and after any waxing*

### Hands and Feet

File and Polish (Hands or Feet)	£18.00
Standard Manicure - Jessica	
includes file, cuticle work, massage and paint with Paraffin Wax Treatment	£26.00 £34.00
Deluxe Manicure - Jessica	
as Standard plus mask and hot mitts	£35.00
French Polish with any of the above	£10.00
French Manicure	£36.00
La Remedi Hand Treatment	£25.00
Gentleman's Manicure	
includes file, cuticle work, massage and buff	£18.00
Standard Pedicure - Jessica	
includes file, cuticle work, massage and paint with Paraffin Wax Treatment	£27.00 £35.00
Deluxe Pedicure - Jessica	
as Standard plus mask and hot booties	£36.00
Luxury Recovery Foot Treatment - includes cleanse, exfoliate, blended oil scrub & deep foot massage	£40.00
with Polish	£55.00

Lashes and Brows	
Eye brow shape	£10.00
Eye lash tint	£12.00
Eye brow tint	£ 9.00
Eye lash and brow tint	£20.00

*For your safety a free patch test is required at least 24hrs prior to tinting*

Tanning - St.Tropez Auto-Bronzant	
Full Body with exfoliation	£45.00
Half Body (above waist)	£30.00
Legs Only	£25.00

A body exfoliation followed by an application of cream Auto-Bronzant to leave you with the richest, most natural looking tan, in the safest and most luxurious way.

*When attending for a St. Tropez treatment, it is recommended that you should have loose fitting, dark clothing and flip-flops.*

### Gift Vouchers

Gift vouchers are available on request and can be redeemed against selected products or services. Vouchers are non-refundable. Specific terms and conditions are applied.

### Retail Products

Items from the acclaimed ESPA International range are available for purchase. We also stock Jessica and St Tropez retail products and those not immediately available can usually be obtained within 24 hours of an order being placed.

### Special Offers

Please ask at reception for details of any current special offers and multi-treatment discounts.

Student Discounts - A 10% discount on all treatment is available on production of a valid Student Union Card

### Terms and Conditions

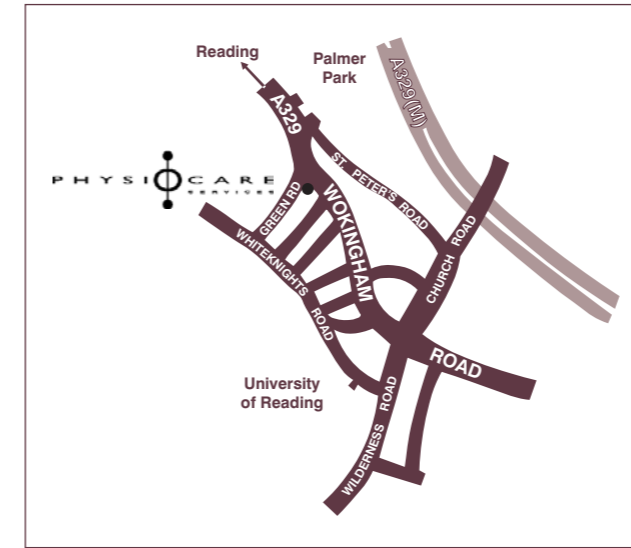
Immediate settlement is required on completion of treatment or collection of products.

A deposit guarantee may be requested on booking for certain treatments. Payments may be made by cash, cheque or selected credit cards. Unfortunately we are unable to accept credit/debit card payments for amounts under £10.00

Please note that cancellations will be charged at 50% unless 24 hours' notice is received.

Prices listed in this brochure may be subject to alteration without prior notification.

## How to find us



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Reading RG6 1JS

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**VISAGE**  
Health & Beauty

ESPA treatments for  
Men and Women

Helping to combat the stresses  
of modern day lifestyles

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Health & Beauty

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## Tariff for Beauty Treatments

### ESPA Essential Range

The ESPA range has been carefully selected to combine the therapeutic benefits of spa treatments, aromatherapy and skin care. A range of exceptional products formulated using only natural ingredients from the highest quality organically grown plants, known for their purity, potency and therapeutic qualities.

### ESPA Advanced Concept Range

This advanced range of products is blended specifically for maturing, stressed or distressed skin providing intensive care where and when it is needed.

### Hot Stone Therapy

An additional therapeutic approach to massage, which complements our current ESPA treatments by the use of "Black Basalt" stones to treat the physical and emotional effects of deep seated tension.

## Facial Treatments

### ESPA Express Facial

30 minutes £18.50

This treatment is ideal as a "quick-fix" for people with busy lives who need to protect and maintain the quality of their skin. It incorporates the essential basics of cleansing, exfoliation, mask application and individually selected moisturiser.

### ESPA Regenerating Firming Eye treatment

25 minutes £20.00

This treatment is designed to combat the effects of premature ageing and stress to the eye area and is also of benefit to those who suffer from irritable, puffy or sensitive eyes. A firming, hydrating treatment helps to reduce the appearance of fine lines and protect against environmental damage.

### ESPA Aromatherapy Facial

55 minutes £36.00

Suitable for all skins, this deep cleansing, relaxing aromatherapy facial, purifies, refines and hydrates. Specific active aromatherapy products are combined with acupressure massage, lymph drainage and Oriental Head Massage to leave the mind clear and the skin radiant and moisturised.

### ESPA Rebalancing Facial

55minutes £38.00

Skin problems can appear unexpectedly and are often caused by stress, diet or an ineffective skin care regime. A harsh, polluted environment may also cause the skin to become sensitised. Specific massage techniques and aromatherapy products, combine with a warm marine mud mask to cleanse and decongest the skin leaving it calm, clear and rebalanced.

### ESPA Rehydrator Facial

55 minutes £38.00

A deeply hydrating facial suitable for dry, dehydrated and environmentally stressed skin. This treatment will leave your skin exceptionally nourished, soft and smooth. Ideal both before and after exposure to extreme weather conditions.

### ESPA Regenerating Facial

ESPA essential products - 55 minutes £38.00  
with Luxury Eye Treatment - 70 minutes £45.00

An intensive boost for maturing, stressed or distressed skin. Products from the ESPA Concept range are included in this facial to give concentrated protection and nourishment. This treatment works particularly well to help combat the signs of premature ageing and environmental stresses. Concentrating on regenerating, firming and nourishing, the facial leaves the skin fresh, revitalised and toned.

### ESPA Skin Brightener

55 minutes £38.00

A rejuvenating facial for all skin types particularly for dull and lifeless skin caused by stress, illness or lack of sleep. The application of Skin Brightener, encourages cell renewal to even pigmentation and leaves the skin with a smooth and radiant appearance.

### ESPA Holistic Aromatherapy Luxury Back, Face and Scalp Treatment

ESPA essential products - 85 minutes £46.00  
with ESPA advanced concept range - 85 minutes £53.00  
Hot Stone therapy - 100 minutes £63.00

A luxury back treatment to cleanse, exfoliate & massage away stresses & strains of modern day life, followed by an aromatherapy facial tailored to the client's individual needs. The scalp massage complements this perfectly making this treatment the ultimate in relaxation.

## Body Treatments

### ESPA Holistic Aromatherapy Total Body Care

ESPA essential products - 85 minutes £48.00  
with Hot Stone therapy - 100 minutes £58.00

An all-embracing treatment which incorporates body brushing, deep cleansing back exfoliation and aromatherapy massage plus mini ESPA facial. This is an ideal treatment to ease away tension and relieve stress, promoting total relaxation.

### ESPA Skin Hydrator Wrap

60 minutes £45.00

A luxurious body treatment for dry, dehydrated or maturing skins. Involving skin brushing, exfoliation and an application of marine mud and deeply nourishing body cream, leaving the skin thoroughly rehydrated and soft to touch.

### ESPA Detoxifying Algae Wrap

70 minutes £45.00

This therapeutic, balancing and detoxifying treatment involves skin brushing, gentle exfoliation and use of warm algae rich in minerals and enzymes. Designed to ease away tension, helps boost the metabolism and speed up the elimination of toxins. Includes a scalp massage for total relaxation.

### ESPA Restorative Mud Envelopment

70 minutes £45.00

A therapeutic treatment ideal for aches and pains and superficial skin problems using marine mud rich in trace minerals. Includes a full body exfoliation and a deep scalp treatment to help ease tension.

### ESPA Salt and Oil Scrub

ESPA essential products - 25 minutes £25.00  
with Massage - 85 minutes £55.00

A wonderful 'wake me up' for the skin. This blend of sea salt and aromatherapy oils help to stimulate circulation and promote cell regeneration, leaving your skin feeling soft and smooth. You can choose from three different blends;

- Invigorating - stimulating and revitalising
- Relaxing - calming, soothing for the mind
- Detoxifying - flushes away toxins, improves cellulite

### ESPA Body Polish

ESPA essential products - 25 minutes £25.00  
with Massage - 85 minutes £55.00

An exceptional nourishing, exfoliating body treatment designed to regenerate, invigorate, strengthen and cleanse the skin leaving it radiant. Can include an optional body massage.

### ESPA Pre-Natal Treatment

85 minutes £45.00

This total body treatment has been carefully designed for pregnant and nursing mothers to take account of all contraindications and aid in relaxation and tonicity of the skin during this very special time. The treatment avoids the use of essential oils as advised by the Aromatherapy Organisation Council and is a luxurious treat using a Calendula infused oil, various muds and creams and advanced massage techniques to safe areas. It leaves the skin toned and the client totally relaxed.

### ESPA Hip and Thigh Treatment

55 minutes £36.00

A specialised treatment to stimulate the circulatory and lymphatic systems, concentrating on the areas of the body prone to 'blockages', cellulite, fluid retention and uneven skin texture. After deep exfoliation there follows a detoxifying massage using stimulating essential oils and an application of warm marine algae.

### ESPA Life Saving Back Treatment

40 minutes £30.00

A deep cleansing back treatment involving an exfoliation, massage and mask. Finally, to bring this relaxing treatment to a close we finish with an essential moisturising balm.

## Massage @ Visage

### Swedish Massage

Back, Neck & Shoulder - 30 minutes £25.00  
Full Body Massage - 60 minutes £40.00

By using the natural therapy of massage this treatment combats physical and emotional stress while relieving muscle tension. This treatment can be tailored to suit the individual's needs.

### Deep Tissue Massage

Back, Neck & Shoulder - 30 minutes £27.00  
Full Body Massage - 60 minutes £42.00

Designed to work the whole body, or focus on a localised area of deep seated tension. It is the unique way in which it combines the various benefits to suit the individual which makes it such a versatile and effective treatment.

### ESPA Aromatherapy Massage

Back, Neck & Shoulder - 30 minutes £28.00  
Full Body Massage - 60 minutes £44.00

Using individually selected blends of aromatherapy oils combined with the natural therapy of massage, this treatment stimulates, calms and balances the mind and body. Helps to relieve stress, muscle tension and restore energy.

### ESPA Hot Stone Massage

Back, Neck & Shoulder - 40 minutes £35.00  
Full Body Massage - 75 minutes £50.00

The ultimate enhancement to natural massage therapy. Enjoy the therapeutic benefits of a totally relaxing massage. Carefully selected restorative Aromatic oil and Hot Basalt Stone Therapy promote powerful de-stressing benefits, balance and harmony to the mind and body.

### Relaxing Scalp Massage

30 minutes £22.00

This treatment is perfect for everyone. It helps to soothe scalp irritation, strengthen, nourish and protect the hair whilst providing protection from the sun, chlorine and environmental pollution.